

AUTUMN FUNDRAISING IDEAS

**BREAST
CANCER
NOW** The research &
support charity

Crisp leaves, cooler days, pumpkin spiced everything – it can only be autumn. From Halloween to Bonfire Night, there's so much you can do to get the most out of the season, and all for a good cause.

PUMPKIN CARVING CONTEST

Contact your local farmer or supermarket to see if they have any pumpkins going spare. Failing that, host a BYOP (bring your own pumpkin) night. Charge a small fee to enter the competition, and let the carving begin!

HALLOWEEN BAKE OFF

Rustle up your most spooktacular showstoppers in aid of our research and support services. Sell your treats at work, with a suggested donation for each item. You could even use some leftover pumpkins for a pie!

SPOOKY QUIZ NIGHT

Contact your local pub or hall to host a spooky quiz night. You could theme the questions around Halloween films such as: who plays Winifred Sanderson in Hocus Pocus?

Top tip: if you ask a local pub that already has a set quiz night, they might let you take over and host it to help with your fundraising.

HALLOWEEN PARTY

Host a Halloween party at home or at work. You can have fun apple bobbing for prizes and judging a best dressed competition. Charge a suggested donation ticket price and let your guests take a chance on a 'trick or treat' tombola.

BONFIRE NIGHT

Remember, remember, the fifth of November, fundraising, fireworks and cake! Contact your local fireworks display and see if they'd let you host a stall on the night. You could sell soup, toffee apples, or Catherine wheel cupcakes – all for a suggested donation.

NATIONAL CURRY WEEK

Celebrate National Curry Week (4 – 11 October) by hosting a curry night for your family and friends. Ask them to donate the price of a takeaway to your fundraising total.

AUTUMN WALK

Golden trees and leaves beneath your feet, autumn is a great time to hold a sponsored walk. Pick a route, or a distance, and get your friends and family involved. You could even host a warming meal afterwards to refuel.

WE NEED TO ACT NOW

From all of us here at Breast Cancer Now, thank you for signing up to fundraise with us this autumn. It's hard to say just how important your support is to us – it means we can carry on providing life-changing support and do even more world-class breast cancer research across the UK.

Right now, that couldn't be more important. 55,000 women and 370 men are diagnosed with breast cancer each year in the UK, that's someone every 10 minutes. It's our goal to be there for each and every one, providing them support for today and hope for the future and you can help. Pumpkin carving or quiz nights, bonfire nights or bake offs – whatever you choose to do, you'll be helping us be there for anyone affected by breast cancer.

Good luck. You're going to do brilliantly.

PAYING IN YOUR MONEY

Here's four easy ways to send in your money:

1. Pay directly to your online fundraising page. The money will come straight to us and your total will immediately update. If you have any questions about setting up a page, just get in touch!
2. Take your money and your paying in slip along to your bank, and they'll count everything and pay it in for you.
3. Pay in your sponsorship money online at breastcancernow.org
4. Call our Supporter Engagement team on **0333 20 70 300** to make a credit or debit card payment

Remember to send us any completed sponsorship forms so we can claim Gift Aid. It lets us access extra money for our life-changing support and world-class research.

At Breast Cancer Now, we believe that by 2050, everyone who is diagnosed with breast cancer will live – and be supported to live well. But we need to act now. Every pound you raise is another step towards that goal.

Thank you for your support.

