







# SWIM 10 MILES

1 MONTH • 1 CHALLENGE • 1 GOAL

SWIM 10 MILES IN JULY							TOTAL WEEKLY MILES	TOTAL WEEKLY FUNDRAISING		
WEEK 1	<div>READY SET GO!</div>	<div>DAY 1</div> <div>SNAP A SELFIE</div>	<div>DAY 2</div>	<div>DAY 3</div> <div></div>	<div>DAY 4</div>	<div>DAY 5</div> <div></div>	<div>DAY 6</div>			
WEEK 2	<div>DAY 7</div> <div>FIRST WEEK DONE</div>	<div>DAY 8</div> <div></div>	<div>DAY 9</div>	<div>DAY 10</div>	<div>DAY 11</div>	<div>DAY 12</div>	<div>DAY 13</div>			
WEEK 3	<div>DAY 14</div>	<div>DAY 15</div> <div>HALFWAY!</div>	<div>DAY 16</div>	<div>DAY 17</div> <div>SHARE YOUR PAGE</div>	<div>DAY 18</div>	<div>DAY 19</div>	<div>DAY 20</div>			
WEEK 4	<div>DAY 21</div> <div>SMASHING IT!</div>	<div>DAY 22</div>	<div>DAY 23</div>	<div>DAY 24</div>	<div>DAY 25</div> <div>FINAL PUSH...</div>	<div>DAY 26</div> <div></div>	<div>DAY 27</div>			
WEEK 5	<div>DAY 28</div> <div></div>	<div>DAY 29</div>	<div>DAY 30</div>	<div>DAY 31</div> <div>YOU DID IT!</div>	<div>FINISH!</div> <div></div>					
CONGRATULATIONS							GRAND TOTAL (DRUM ROLL!...)			

## CONGRATULATIONS

You've reached the end of your **Swim 10 Miles in July** challenge.  
Thank you so much for supporting Breast Cancer Now.

Share your success on our Facebook Group

[www.facebook.com/groups/swim10milesjuly25](https://www.facebook.com/groups/swim10milesjuly25)