

WEAR IT
PINK

BREAST
CANCER
NOW The research &
support charity

ADELE WILL WEAR IT PINK

**Adele was diagnosed with breast cancer in February 2022.
Her mum had been diagnosed 14 years earlier.**

After months of chemo, Adele had a mastectomy,
reconstruction and then radiotherapy.

"If I'm honest I didn't check my breasts regularly enough. Because despite the family history, I just didn't think it would happen at my age. Now I know so much more about the signs and what to look out for.

I want to do all I can help raise awareness and help others like me in their time of need.

My advice would be that it doesn't matter how big or small your event is – know that you're making a difference!" - Adele

**Wear it pink on 20 October
and help give vital support
to people like Adele.**

Find out more
wearitpink.org/research

