YOUNGER WOMEN TOGETHER

BREAST CANCER NOW RESOURCES

Breast Cancer Now Helpline

Moving Forward course | Life after breast cancer treatment | Breast Cancer Now

Someone Like Me

Speakers Live

Breast Cancer Now Forum

THE FOLLOWING RESOURCES WERE MENTIONED DURING ALL GROUP DISCUSSIONS. THEY'VE NOT BEEN INDEPENDENTLY VETTED BY BREAST CANCER NOW AND THIS SHOULDN'T BE SEEN AS AN ENDORSEMENT OR RECOMMENDATION. WE'RE CIRCULATING THEM FOR INFORMATION ONLY

- A complete guide to breast cancer
- Access Card: Making access easy
- After the treatment finishes- then what? An article by Peter Harvey
- And then came breast cancer
- Breasts- the owner's manual
- Breast Friends
- Cancer Coach: free cancer support groups
- Cancer care map
- Cancer Hair Care
- Cancer in Common
- Cook through cancer
- Coppafeel
- Daylight app
- Dimbleby camcer care (London)
- Don't lose hope
- Ella Dawson Foundation
- Cancer Exercise Rehabilitation Programme · Everybody Health and Leisure
- Facing Hereditary Cancer Empowered - FORCE
- Fertility Action
- Finch - Your New Self-Care Best Friend
- Flat Friends
- Fruit Fly Collective
- Future Dreams
- Get me back
- Glo yoga
- Hair Reborn
- HCCN
- Headspace App
- Healthwise Physical Activity Referral | Better UK
- Herizen
- ILU crop tops
- In my wildest
- Jo (@tit_less_wonder) · Instagram photos and videos

- Jo Divine sex and cancer talks

- Keeping abreast
- Knitted knockers
- Ladies fighting breast cancer
- Little Lifts
- Little Miracles
- Little Ripples
- Look Good Feel Better
- Lymphoedema Support Network
- Macmillan Support Line
- Macmillan toilet card and leaflet – Macmillan Orders
- Maggies
- Malcolm's retreat
- MediCinema
- Menopause and cancer
- Menopause symptom checker
- Team - The Meridian Centre – Kate Wixon
- Moving Through Cancer
- Mummy's star
- News & Events - Cancer Genetics Group
- Nipple Innovation Project
- Noona App
- Old Mill Holistic Therapy
- Oomph and Big Strong Lassess – Carolyn Garritt
- Osborne Trust
- Penny Brohn
- Penny Brohn – Eat well
- PICCPals
- Plan Fit
- Prelovedrel0ved (instagram)
- Home - Restore - Breast Cancer Reconstruction Support
- Safe Hands for Cancer | Spabreaks.com
- Safety of prasterone in breast cancer survivors treated with aromatase inhibitors: the VIBRA pilot study - PubMed
- Shine Cancer Support and Shine Camp
- Shop Human Hair Wigs + Eyebrow Transfers | DMUSE – dmusewigs
- Shout (text SHOUT to 85258)
- Sloan Kettering Cancer Centre
- Something to look forward to
- Sophie Trew I The Holistic Cancer Coach - Integrative Cancer Guide, Mind-Body Expert, Breathwork for Cancer
- Spiced Pear Health
- Talking about sleep with Dr Mike Scanlan
- Team Verrico - Supporting Cancer patients & Research

- Treatment of Urogenital Symptoms in Individuals With a History of Estrogen-dependent Breast Cancer | ACOG
- Vaginal estrogen use in breast cancer survivors: a systematic review and meta-analysis of recurrence and mortality risks - PubMed
- We are Undefeatable
- We wear Boost – lightweight breast forms
- Willow Foundation
- Younger Breast Cancer Support Group – Facebook