

## We're here

# WHAT COULD YOUR FUNDRAISING PAY FOR?

#### £30

£30 could help someone get vital answers by calling our free and confidential helpline. No question is too big or small, and all calls are answered by breast care nurses and trained staff.

#### £100

£100 could pay for 800 copies of our Exercises After Breast Cancer Surgery guide. One of our most popular booklets, this guide helps people regain movement after surgery. There are exercises for each stage of recovery, starting the day after their operation.

#### £400

£400 could pay for around 1 day of lab-based research. That's another day of progress. A day closer to breakthroughs. And a day closer to a world where everyone diagnosed with breast cancer lives, and lives well.

### £700

£700 could pay for 5 people to go to Living with Secondary Breast Cancer. These group sessions are a space for people with incurable secondary breast cancer. They'll get expert information and meet other people going through the same thing.

## £1,000

£1,000 could contribute to the cost of holding an event in parliaments across the UK. Where we can speak to decision-makers about the improvements needed in diagnosis, treatment and care and bring them face to face with people affected by breast cancer.

