

# Delayed reconstruction

Information for women having delayed breast reconstruction.

## Introduction

- This information is for women having delayed breast reconstruction following surgery
- Breast reconstruction is surgery to create a new breast shape
- There are different types of breast reconstruction, and your treatment team will explain the options that are suitable for you
- Read more about breast reconstruction in our booklet **Breast reconstruction**

This information sheet gives you details about approximate waiting times for your appointments and operation. It also includes information about who to contact to find out more.

We've listed support services that can help you through your breast reconstruction journey.

## Waiting times

Someone in your treatment team will complete the following details so you have a guide as to how long you might need to wait for your appointments and surgery.

**Date of referral for breast reconstruction:**

**Expected date of outpatient appointment:**

**Expected date of surgery:**

### Waiting times

Please note that waiting times may change. The dates given are a rough guide of when to expect your appointments.

## Contact details

### Named contact at referring hospital

**Contact's name:**

**Contact's role:**

**Telephone number:**

**Email:**

### Named contact for breast reconstruction team

**Contact's name:**

**Contact's role:**

**Telephone number:**

**Email:**

### Local support (for example, support groups, counselling, therapies)

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## When to contact your breast reconstruction team

If you have not heard anything by the time of your expected appointment, or you have any questions about your surgery date, please contact your breast reconstruction team.

For any other queries, please contact your treatment team.

## Further resources

### Breast Cancer Now resources

#### Information

- **Breast reconstruction (BCC7) booklet**

Available to download and order from  
**[breastcancernow.org/download-and-order-publications](https://breastcancernow.org/download-and-order-publications)**

#### Support and services

- Forum
- Helpline
- Moving Forward
- Someone Like Me

Visit **[breastcancernow.org/support-for-you](https://breastcancernow.org/support-for-you)** to view all our support services

## Other support

### Flat Friends

[flatfriends.org.uk](https://flatfriends.org.uk)

### Keeping Abreast

[keepingabreast.org.uk](https://keepingabreast.org.uk)

### Restore

[restore-bcr.co.uk](https://restore-bcr.co.uk)