

## WALK 100 MILES

1 MONTH • 1 CHALLENGE • 1 GOAL

| OCTOBER - BREAST CANCER AWARENESS MONTH |        |                     |                        |        |         |         |        | TOTAL<br>WEEKLY<br>MILES | TOTAL<br>WEEKLY<br>FUNDRAISING |
|---|--------|---------------------|------------------------|--------|---------|---------|--------|--------------------------|--------------------------------|
| WEEK 1                                  |        | READY<br>SET<br>GO! | DAY 1<br>Snap a selfie | DAY 2  | DAY 3   | DAY 4   | DAY 5  |                          |                                |
| WEEK 2                                  | DAY 6  | DAY 7               | DAY 8                  | DAY 9  | DAY 10  | DAY 11  | DAY 12 |                          |                                |
| WEEK 3                                  | DAY 13 | DAY 14              | DAY 15                 | DAY 16 | DAY 17. | DAY 18  | DAY 19 |                          |                                |
| WEEK 4                                  | DAY 20 | DAY 21              | DAY 22                 | DAY 23 | DAY 24  | DAY 25. | DAY 26 |                          |                                |
| WEEK 5                                  | DAY 27 | DAY 28              | DAY 29                 | DAY 30 | DAY 31  | FINISH! |        |                          |                                |
| GRAND TOTAL (DRUM ROLL!)                |        |                     |                        |        |         |         |        |                          |                                |

## CUNGRATULATIONS

You've reached the end of your Walk 100 Miles in October challenge. Thank you so much for supporting Breast Cancer Now. Share your success on our Facebook Group

www.facebook.com/groups/walk100miles25

