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CANCER
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SALLY'S MUG HUGS



Last year, Sally from Sidcup made amazing knitted mug cosies to raise money to help people affected by breast cancer.

Sally has kindly shared her knitting pattern with us and promises the mug hugs are really easy to make! Here's how:

YOU'LL NEED:

- Double Knit Yarn
- 4mm Needles
- A mug
(ready for a hug)



METHOD:

To start, cast on eight stitches with DK Yarn on size 4mm needles, make sure you leave a long end.

1. Knit into front and back of each stitch (16).
2. Every second row, knit.
3. (K1, K into front and back) repeat to end (24).
4. (K2, inc1) to end (32).
5. (K3, inc1) to end (40).
6. (K4, inc1) to end (48).
7. (K5, inc1) to end (56).
8. This forms the base.

Now working in either single rib, double rib or garter stitch, knit until the sides are high enough for your mug. About 9cm high is good.

Cast off all except one stitch, this is used to make a loop for your button.

Thread the cast on end onto a wool needle and sew together the two sides of increases to form a circle.

Using a crochet hook, make about eight or nine chains with your leftover cast off stitch. Stitch this to the side. Sew a button or toggle to the other side.