Crisp leaves and cooler days – it’s autumn. From Halloween to Bonfire Night, there’s so much you can do to revel in the season, all for a good cause.

**HALLOWEEN PARTY**

Host a Halloween party at home or at work. You can have fun apple bobbing for prizes and judging a best dressed competition. Charge a suggested donation ticket price and let your guests take a chance on a ‘trick or treat’ tombola.

**PUMPKIN CARVING CONTEST**

Contact your local farmer or supermarket to see if they have any pumpkins going spare. Failing that, host a BYOP (bring your own pumpkin) night. Charge a small fee to enter the competition, and let the carving begin!

**BONFIRE NIGHT**

Remember, remember the 5th of November, fundraising, fireworks and cake! Contact your local fireworks display and see if they’d let you host a stall on the night. You could sell soup, toffee apples, or Catherine wheel cupcakes – all for a suggested donation.

**HALLOWEEN BAKE OFF**

Rustle up your most spooktacular showstoppers in aid of our research. Sell your treats at work, with a suggested donation for each item. You could even use some leftover pumpkins for a pie!

**NATIONAL CURRY WEEK**

Celebrate National Curry Week (22 – 28 October) by hosting a curry night for your family and friends. Ask them to donate the price of a takeaway to your fundraising total. Take a look here for some recipe inspiration.

**SPOOKY QUIZ NIGHT**

Contact your local pub or hall to host a spooky quiz night. You could theme the questions around Halloween films such as: who plays Winifred Sanderson in Hocus Pocus? Top tip: If you ask a local pub that already has a set quiz night, they might let you take over and host it to help with your fundraising.

**GIVE IT UP**

Whatever your weakness, why not ask people to sponsor you to give up for a while? Ask friends, family, co-workers to chip in some cash to keep you going. You can even put a twist on things and get them to fine you if you break your streak. Good luck!
WE NEED TO ACT NOW

From all of us here at Breast Cancer Now, thank you for signing up to fundraise with us this Spring. It’s hard to say just how important your support is to us – it means we can carry on providing life-changing care and do even more world-class breast cancer research across the UK.

Right now, that couldn’t be more important. 55,000 women and 370 men are diagnosed with breast cancer each year in the UK, and 600,000 more are living beyond the disease across the country. It’s our mission to be there for each and every one, providing them support for today and hope for the future. So we can’t wait to see what you do for us this Spring. Bake sales or Easter egg hunts, sponsored walks or mountainside treks – whatever you choose to do, you’ll be helping be there for anyone affected by breast cancer.

Good luck. You’re going to do brilliantly.

PAYING IN YOUR MONEY

Here’s four easy ways to send in your money:

1. Pay directly to your online fundraising page. The money will come straight to us and your total will immediately update. If you have any questions about setting up a page, just get in touch!

2. Take your money and your paying in slip along to your bank, and they’ll count everything and pay it in for you. After, just add it to your offline total on your fundraising page

3. Pay in your sponsorship money online at breastcancernow.org

4. Call our Supporter Engagement team on 0333 20 70 300 to make a credit or debit card payment

Remember to send us any completed sponsorship forms so we can claim Gift Aid. It lets us access extra money for our life-changing care and world-class research.

At Breast Cancer Now, we believe that by 2050, everyone who is diagnosed with breast cancer will live – and be supported to live well. But we need to act now, and with your help, we can all take another step forward toward that goal.

Thank you for your support.

Breast Cancer Now is a charity registered in England and Wales (1160558), Scotland (SC045584) and the Isle of Man (1200).