POSSIBLE SIGNS OF SECONDARY (METASTATIC) BREAST CANCER

At Breast Cancer Now, we're committed to supporting health care professionals like you to better spot the possible signs and symptoms of secondary breast cancer, so that your patients can begin treatment and access supportive care sooner.

You can find the most common symptoms of secondary breast cancer below.



Feeling sick most of the time



Severe or ongoing headaches



A dry cough or feeling out of breath



Not being able to go to the toilet (constipation)



Any lumps or swellings under your arm, breastbone or collarbone



Discomfort or swelling under the ribs or across the upper abdomen



Loss of balance or any weakness or numbness of the limbs



Feeling full quickly when eating or changes to appetite



Feeling much more tired than usual



Altered vision or speech



Unexpected weight loss and a loss of appetite



Feeling bloated



Pain in your bones, for example in the back, hips or ribs, that doesn't get better with pain relief and may be worse at night



To find out more about secondary breast cancer, visit **breastcancernow.org/sbcsupport**

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