Trek Ben Nevis
2020 Itinerary

Friday 2 October
12.30pm: Meet coach at Glasgow Central Train Station
1.00pm: Coach leaves Glasgow Central Train Station for pick up at Glasgow International Airport
1.30pm: Meet coach at Glasgow International Airport (time dependent on traffic from train station)
2.00pm: Coach leaves Glasgow International Airport for Fort William
5.30pm: Arrive at Ben Nevis Hotel, Fort William
7.00pm: Evening meal
8.30pm: Event briefing in Ben Nevis Hotel conference room

Saturday 3 October
6.30am: Breakfast
7.00am: Depart for Glen Nevis by coach
7.15am: Assemble for group warm up and stretches
7.30am: Start ascent of Ben Nevis in allocated guiding groups
1.00pm: Reach the summit
4.00 – 6.00pm: Arrive back at the Glen Nevis Visitor Centre to meet the coach and return to hotel*
*Please note that all the above times on the mountain are an approximate guide and could change due to weather conditions, walking time etc.
8.00pm: Celebration meal

Sunday 4 October
8.00am: Breakfast
9.30am: Depart Fort William
1.00pm: Arrive at Glasgow International Airport
1.30pm: Arrive at Glasgow Central Station

*These timings may be subject to change. Any changes to the event timings will be communicated to all participants.